

**Sunday 14 June 2020**

**Corpus Christi - Solemnity**

*Liturgical Colour: White.*

**Readings at Mass**

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**Entrance Antiphon**

**Cf. Ps 80: 17**

He fed them with the finest wheat  
and satisfied them with honey from the rock.

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**Collect**

O God, who in this wonderful Sacrament  
have left us a memorial of your Passion,  
grant us, we pray,  
so to revere the sacred mysteries of your Body and  
Blood  
that we may always experience in ourselves  
the fruits of your redemption.  
Who live and reign with God the Father  
in the unity of the Holy Spirit,  
one God, for ever and ever.

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**First reading**

**Deuteronomy 8:2-3,14-16**

**He fed you with manna,  
which neither you nor your  
fathers had known**

Moses said to the people: 'Remember how the Lord  
your God led you for forty years in the wilderness, to  
humble you, to test you and know your inmost  
heart – whether you would keep his commandments  
or not. He humbled you, he made you feel hunger, he  
fed you with manna which neither you nor your  
fathers had known, to make you understand that man  
does not live on bread alone but that man lives on  
everything that comes from the mouth of the Lord.

'Do not become proud of heart. Do not forget the  
Lord your God who brought you out of the land of  
Egypt, out of the house of slavery: who guided you  
through this vast and dreadful wilderness, a land of  
fiery serpents, scorpions, thirst; who in this waterless  
place brought you water from the hardest rock; who

in this wilderness fed you with manna that your  
fathers had not known.'

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**Responsorial Psalm**

**Psalm 147:12-15,19-20**

*R/ O praise the Lord, Jerusalem!*

**or**

*R/ Alleluia!*

O praise the Lord, Jerusalem!

Zion, praise your God!

He has strengthened the bars of your gates

he has blessed the children within you. *R/*

He established peace on your borders,

he feeds you with finest wheat.

He sends out his word to the earth

and swiftly runs his command. *R/*

He makes his word known to Jacob,

to Israel his laws and decrees.

He has not dealt thus with other nations;

he has not taught them his decrees. *R/*

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**Second reading**

**1 Corinthians 10:16-17**

**That there is only one loaf  
means that, though we are  
many, we form one body**

The blessing-cup that we bless is a communion with  
the blood of Christ, and the bread that we break is a  
communion with the body of Christ. The fact that  
there is only one loaf means that, though there are  
many of us, we form a single body because we all  
have a share in this one loaf.

**Sequence**

**Lauda, Sion**

*The Sequence may be said or sung in full, or using  
the shorter form indicated by the asterisked verses.*

Sing forth, O Zion, sweetly sing

The praises of thy Shepherd-King,

In hymns and canticles divine;

Dare all thou canst, thou hast no song

Worthy his praises to prolong,

So far surpassing powers like thine.

Today no theme of common praise

Forms the sweet burden of thy lays –

The living, life-dispensing food –  
That food which at the sacred board  
Unto the brethren twelve our Lord  
His parting legacy bestowed.

Then be the anthem clear and strong,  
Thy fullest note, thy sweetest song,  
The very music of the breast:  
For now shines forth the day sublime  
That brings remembrance of the time  
When Jesus first his table blessed.

Within our new King's banquet-hall  
They meet to keep the festival  
That closed the ancient paschal rite:  
The old is by the new replaced;  
The substance hath the shadow chased;  
And rising day dispels the night.

Christ willed what he himself had done  
Should be renewed while time should run,  
In memory of his parting hour:  
Thus, tutored in his school divine,  
We consecrate the bread and wine;  
And lo – a Host of saving power.

This faith to Christian men is given –  
Bread is made flesh by words from heaven:  
Into his blood the wine is turned:  
What though it baffles nature's powers  
Of sense and sight? This faith of ours  
Proves more than nature e'er discerned.

Concealed beneath the two-fold sign,  
Meet symbols of the gifts divine,  
There lie the mysteries adored:  
The living body is our food;  
Our drink the ever-precious blood;  
In each, one undivided Lord.

Not he that eateth it divides  
The sacred food, which whole abides  
Unbroken still, nor knows decay;  
Be one, or be a thousand fed,  
They eat alike that living bread  
Which, still received, ne'er wastes away.

The good, the guilty share therein,  
With sure increase of grace or sin,  
The ghostly life, or ghostly death:  
Death to the guilty; to the good  
Immortal life. See how one food  
Man's joy or woe accomplisheth.

We break the Sacrament, but bold  
And firm thy faith shall keep its hold,  
Deem not the whole doth more enfold

Than in the fractured part resides  
Deem not that Christ doth broken lie,  
'Tis but the sign that meets the eye,  
The hidden deep reality  
In all its fullness still abides.

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\*Behold the bread of angels, sent  
For pilgrims in their banishment,  
The bread for God's true children meant,  
That may not unto dogs be given:  
Oft in the olden types foreshowed;  
In Isaac on the altar bowed,  
And in the ancient paschal food,  
And in the manna sent from heaven.

\*Come then, good shepherd, bread divine,  
Still show to us thy mercy sign;  
Oh, feed us still, still keep us thine;  
So may we see thy glories shine  
In fields of immortality;

\*O thou, the wisest, mightiest, best,  
Our present food, our future rest,  
Come, make us each thy chosen guest,  
Co-heirs of thine, and comrades blest  
With saints whose dwelling is with thee.  
Amen. Alleluia.

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### Gospel Acclamation

**Jn6:51**

Alleluia, alleluia!  
I am the living bread which has come down from  
heaven,  
says the Lord.  
Anyone who eats this bread will live for ever.  
Alleluia!

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### Gospel

**John 6:51-58**

#### **My flesh is real food and my blood is real drink**

Jesus said to the crowd:  
'I am the living bread which has come down from  
heaven.  
Anyone who eats this bread will live for ever;  
and the bread that I shall give is my flesh,  
for the life of the world.'

Then the Jews started arguing with one another:  
'How can this man give us his flesh to eat?' they said.  
Jesus replied:

'I tell you most solemnly,  
if you do not eat the flesh of the Son of Man and  
drink his blood,  
you will not have life in you.  
Anyone who does eat my flesh and drink my blood  
has eternal life,  
and I shall raise him up on the last day.  
For my flesh is real food  
and my blood is real drink.  
He who eats my flesh and drinks my blood  
lives in me  
and I live in him.  
As I, who am sent by the living Father,  
myself draw life from the Father,  
so whoever eats me will draw life from me.  
This is the bread come down from heaven;  
not like the bread our ancestors ate:  
they are dead,  
but anyone who eats this bread will live for ever.'

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### **Prayer over the Offerings**

Grant your Church, O Lord, we pray,  
the gifts of unity and peace,  
whose signs are to be seen in mystery  
in the offerings we here present.  
Through Christ our Lord.

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### **Communion Antiphon**

**Jn 6: 57**

Whoever eats my flesh and drinks my blood  
remains in me and I in him, says the Lord.

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### **Prayer after Communion**

Grant, O Lord, we pray,  
that we may delight for all eternity  
in that share in your divine life,  
which is foreshadowed in the present age  
by our reception of your precious Body and Blood.  
Who live and reign for ever and ever.